

7X OLYMPIC GAMES 2024

RULESHEET

Cricket Rules

- Games will be 8 Overs per innings. 8 players in each team.
- Batting team will be split into pairs, each pair will bat for 2 overs. If a batsman gets out, 5 runs will be deducted from the total score and strike will rotate.
- There will be 3 rounds + Final in this tournament. First round will be a knockout round. Out of the 5 winning teams, The top team (maximum number of points with SKINS + 2 Points for the win) will directly go to Round 3. Remaining 4 teams will play a knockout round (Round 2). The two winning teams from Round 2 along with the top team of round 1 will play a league round (Round 3). Each team in this round will play 2 games. Top 2 teams from this round will play the Finals.
- 1 Bowler from a team is allowed to bowl two overs; the others will have one over the limit.
- Extras will be counted as 2 and ball counted, except for the last over where 2 runs will be awarded and ball will not be counted.
- In the case of a no ball, free hit will not be awarded.
- LBW will not be included in Dismissals.
- The umpire's Decision will be considered as the final decision.
- In Case the Match is Tied, a Super Over will be played.
- There will be a limit of 45 Minutes to finish a match. Any Team found in wasting unnecessary time will pay a cost by reducing the over.
- All players will be allowed to play in 7x T-shirts only provided by 7x sports council.
- Any Team that fails to Report on a given time will be automatically disqualified from the league.
- First Aid kits will be available to treat any injuries sustained while playing.
- Teams must arrive at least 30 minutes before their scheduled match.

Football Rules

- Game Time: 25 mins game
- The game consists of two halves, each lasting 12 minutes, resulting in a total playing time of 24 minutes with 1 minutes of extra time.
- Each team has 5 players on the field, including one goalkeeper.
- There will be rolling substitutes.
- The toss will be conducted before each match starts so that we don't lose time.
- The match begins with one team kicking off from the center spot. The opposing team must be in their own half until the ball is in play.
- Players must avoid committing fouls, such as tripping, pushing, or handling the ball. Free kicks or penalties may be awarded for fouls, depending on the severity and location.
- Ball should be on the ground for kick-ins, goal kicks, and corners applied.
- 2 minutes of extra time at the end of the second half.
- In the case of a tie, there will be penalty shootouts.
- Teams must arrive at least 30 minutes before their scheduled match.

7X OLYMPIC GAMES 2024

RULESHEET

Volleyball Rules

- Each team shall comprise twelve (6) players allowed Teams are divided into two pools in each pool.
- All matches will be played best of one (1) set of 21 points with a difference of 2 points.
- All matches will be played in a still position with no rotation; Service during play shall be rotational between three players.
- One time-out per set will be allowed for League matches, and one time-out per set will be allowed for semifinals and final matches.
- Only the coach or game captain will request time- outs. Players must accept the referee's decision with sportsmanship and without dispute. In case of doubt, only the team captain requests clarification from the first referee.
- In case of conflicts, the referee shall make the final decision
- The organizing committee has the right to reschedule the fixtures or the order of the match if it is necessary.
- All teams must maintain good ground discipline.
- Teams must arrive at least 30 minutes before their scheduled match.

Badminton Rules

- Teams will consist of two players each.
- All participants must wear comfortable sports attire and non-marking indoor sports shoes.
- Rackets will be provided for the event.
- Teams will play a round-robin tournament, with each team facing every other team.
- Each match will be 1 set of 21 points..
- Games will be played to 21 points, with a 2-point lead required to win. If the score reaches 20-20, the game continues until a 2-point lead is achieved (e.g., 22-20).
- Teams must arrive at least 30 minutes before their scheduled match.

Paddle Rules

- Team will consist of one player each.
- Wear comfortable sportswear and non-marking indoor sports shoes.
- Padel Tennis rackets will NOT be provided, participants have to bring their own.
- The tournament will use a round-robin format.
- Matches will be played in a best-of-three-sets format.
- Sets will be played in 6 games, with a tie-breaker at 5-5.
- While players are encouraged to self-officiate, a neutral observer may be appointed to resolve any disputes.
- Unsportsmanlike behavior or disrespectful conduct will not be tolerated.
- Teams should arrive at least 30 minutes before their scheduled match.
- Timely arrivals will help ensure a smooth flow of the event.